



FREE GROCERY DELIVERY TO THE ELDERLY VOLUNTEER AGENCIES IN ALBERTA

Calgary: Kerby Centre Thrive (formerly Grocery Delivery)

Email: generaloffice@kerbycentre.com

Phone: 403-234-6571

\$4 fee for each delivery

www.kerbycentre.com/general/supportservices/thrive

Calgary and Edmonton: Freshroutes

Email: <https://freshroutes.ca/contact>

Phone: none provided

<https://freshroutes.ca>

Edmonton: Meals on Wheels The Grocery Bag

\$5 fee for each delivery

Email: emow@mealsonwheeledmonton.org

Phone: 780-429-2020

<https://mealsonwheeledmonton.org/pages/the-grocery-bag>

Red Deer: The Golden Circle

\$5 fee for each delivery

Email: info@goldencircle.ca

Phone: 403-343-6074

www.goldencircle.ca/outreach/grocery-delivery

Red Deer: Family Support of Central Alberta

Email: denise@fsca.ca

Phone: 403-309-5826

<https://fsca.ca/home-support>