



## FREE GROCERY DELIVERY TO THE ELDERLY VOLUNTEER AGENCIES IN BRITISH COLUMBIA

### **Abbotsford: Archway Community Services**

Email: [Karen.kenny@archway.ca](mailto:Karen.kenny@archway.ca)

Phone: 604-859-7681 ext 772

<https://archway.ca>

### **Burnaby: City of Burnaby Citizen Support Services Grocery Shop by Phone Grocery Program**

Phone: 604-294-7980

[www.burnaby.ca/Assets/our+city+hall/city+departments/Citizen+Support+Services/Burnaby+Seniors+Guide.pdf](http://www.burnaby.ca/Assets/our+city+hall/city+departments/Citizen+Support+Services/Burnaby+Seniors+Guide.pdf)

### **Campbell River: Campbell River Family Services**

Email: [karen.merritt@crfs.ca](mailto:karen.merritt@crfs.ca)

Phone: 250-287-2421 ext. 329

[www.crfamilyservices.ca/senior-services](http://www.crfamilyservices.ca/senior-services)

### **Central Okanagan (Kelowna, Lake Country, Peachland & West Kelowna): Seniors Outreach & Resource Centre**

Email: [betterathome@seniorsoutreach.ca](mailto:betterathome@seniorsoutreach.ca)

Lake Country: 778-215-5247

Peachland: 250-767-0141

West Kelowna: 250-768-3305

General: 250-861-6180 ext 205

[www.seniorsoutreach.ca](http://www.seniorsoutreach.ca)

### **Dawson Creek: South Peace Community Resources Society and South Peace Seniors' Access Services Society**

Email: [lstudley@spcrs.ca](mailto:lstudley@spcrs.ca)

Phone: 250-782-2341

<http://dcbetterathome.org>

### **Cranbrook: Community Connections Society of Southeast BC**

Email: [betterathome@ccsseb.com](mailto:betterathome@ccsseb.com)

Phone: 250-426-2943

<http://betterathome.ccs Cranbrook.ca>

### **Hope/Fraser Canyon: Hope Care Transit Society**

Email: [office@caretransit.ca](mailto:office@caretransit.ca)

Phone: 604-869-3396

[www.caretransit.ca/better-home](http://www.caretransit.ca/better-home)



**Kamloops: Interior Community Services**

Email: [betterathome@interiorcommunityservices.bc.ca](mailto:betterathome@interiorcommunityservices.bc.ca)

Phone: 250-828-0600 ext. 201

[www.interiorcommunityservices.bc.ca/programs/seniors/better-home](http://www.interiorcommunityservices.bc.ca/programs/seniors/better-home)

**Langley: Langley Senior Resources Society**

Email: [janicem@lsrs.ca](mailto:janicem@lsrs.ca)

Phone: 604-530-3020 ext 302

<http://lsrs.ca/outreach>

**Maple Ridge/Pitt Meadows: Community Services Society**

Email: [swood@comservice.bc.ca](mailto:swood@comservice.bc.ca)

Phone: 604-467-6911

[www.comservice.bc.ca/programs-services/senior-services/better-home](http://www.comservice.bc.ca/programs-services/senior-services/better-home)

**Mission: Mission Community Services Society**

Email: [jasmines@missionmcss.com](mailto:jasmines@missionmcss.com)

Phone: 604-826-3634

[www.missioncommunityservices.com/programs/seniors-programs/better-at-home](http://www.missioncommunityservices.com/programs/seniors-programs/better-at-home)

**Nanaimo: Nanaimo Family Life Association**

Email: [k\\_whittaker@nflabc.org](mailto:k_whittaker@nflabc.org) or [e\\_holland@nflabc.org](mailto:e_holland@nflabc.org)

Phone: 250-754-3331 ext. 202

[www.nflabc.org/programs/better-at-home](http://www.nflabc.org/programs/better-at-home)

**Nelson: Nelson CARES Society**

Email: [cyounie@nelsoncares.ca](mailto:cyounie@nelsoncares.ca)

Phone: 250-352-6011

<https://nelsoncares.ca>

**New Westminister: Seniors Service Society Grocery Shopping Program**

Email: [karls@seniorsservicessociety.ca](mailto:karls@seniorsservicessociety.ca)

Phone: 604-520-6621

[www.seniorsservicessociety.ca/sgs.htm](http://www.seniorsservicessociety.ca/sgs.htm)

**North Island: North Island Crisis & Counselling Centre Society**

Email: [wendys@nicccs.org](mailto:wendys@nicccs.org)

Phone: 250-949-8333

<http://nicccs.org/programs/better-at-home>



**North Okanagan: NexusBC Community Resource Centre**

Email: [betterathome@nexusbc.ca](mailto:betterathome@nexusbc.ca)

Phone: 250-545-0585

<http://okanaganseniors.ca/better-at-home>

**Penticton: OneSky Community Resources**

Email: [Myrna.Tischer@OneSkyCommunity.com](mailto:Myrna.Tischer@OneSkyCommunity.com)

Phone: 250-487-3376

[www.betterathomepenticton.com](http://www.betterathomepenticton.com)

**Powell River: Inclusion Powell River**

Email: [betterathome@inclusionpr.ca](mailto:betterathome@inclusionpr.ca)

Phone: 604-485-4008

[https://inclusionpr.ca/?page\\_id=297](https://inclusionpr.ca/?page_id=297)

**Prince George: Prince George Native Friendship Centre**

Email: [betterathome@pgnfc.com](mailto:betterathome@pgnfc.com)

Phone: 250-564-3568 ext. 275

[www.pgnfc.com/programs\\_services.html](http://www.pgnfc.com/programs_services.html)

**Prince Rupert: Prince Rupert Aboriginal Community Services Society**

Email: [pracss5@citywest.ca](mailto:pracss5@citywest.ca)

Phone: 250-622-2891 ext. 28

<http://cms51.bcwebinc.com/~pracss/index.php/programs-and-services/better-at-home>

**Richmond: Richmond Cares, Richmond Gives**

Email: [fho@rcrg.org](mailto:fho@rcrg.org)

Phone: 604-279-7110

<https://rcrg.org/WhatWeDo/RCRGPrograms/seniors-community-support-services>

**South Surrey/White Rock: Seniors Come Share Society**

Email: [bhcoordinator@comeshare.ca](mailto:bhcoordinator@comeshare.ca)

Phone: 604-536-9348 or 604-531-9400 ext. 206

[www.comeshare.ca/grocery-shopping-services](http://www.comeshare.ca/grocery-shopping-services)

**Sunshine Coast: Sunshine Coast Community Services Society**

Email: [betterathome@sccss.ca](mailto:betterathome@sccss.ca)

Phone: 604-885-5881 ext. 249

[www.sccss.ca/programs/community-action-engagement/better-home](http://www.sccss.ca/programs/community-action-engagement/better-home)



**Surrey/Newton: DIVERSEcity Community Resources Society**

Email: [schaudhary@dcrs.ca](mailto:schaudhary@dcrs.ca)

Phone: 604-507-2266 or 604-536-9348

[www.dcrs.ca/our-services/community-connections/services-for-seniors](http://www.dcrs.ca/our-services/community-connections/services-for-seniors)

**Surrey/Whalley: Progressive Intercultural Community Services Society and S.U.C.C.E.S.S**

Email: [narpaljeet.kaur@pics.bc.ca](mailto:narpaljeet.kaur@pics.bc.ca)

Phone: 604-596-7722 ext. 132

<https://pics.bc.ca/programs/community-programs/senior/better-at-home>

**Tri-Cities: SHARE Family and Community Resources Society**

Email: [Paola.Wakeford-Mejia@sharesociety.ca](mailto:Paola.Wakeford-Mejia@sharesociety.ca)

Phone: 604-937-6991

<https://sharesociety.ca/better-at-home-program-housekeeping-services>

**Vancouver/All neighborhoods: Anjel Shop and Mount Pleasant Neighborhood house**

Phone: 604-619-5428

Email: [info@anjel.ca](mailto:info@anjel.ca)

<https://anjel.ca>

**Vancouver/Hastings/Sunrise: S.U.C.C.E.S.S**

Email: [lynn.lin@success.bc.ca](mailto:lynn.lin@success.bc.ca)

Phone: 604-408-7274 Ext. 2157

[www.successbc.ca/eng/services/community-services/senior-services/2275-hastings-sunrise-better-at-home-program](http://www.successbc.ca/eng/services/community-services/senior-services/2275-hastings-sunrise-better-at-home-program)

**Vancouver/Kerrisdale/Oakridge/Marpole (KOM): Jewish Family Services Agency**

Email: [lstrom@jfsvancouver.ca](mailto:lstrom@jfsvancouver.ca)

Phone: 604-637-3310

[www.jfsvancouver.ca/services/seniors/better-at-home](http://www.jfsvancouver.ca/services/seniors/better-at-home)

**Vancouver/Kitsilano: Kitsilano Neighbourhood House**

Email: [margaritac@kitshouse.org](mailto:margaritac@kitshouse.org)

Phone: 604-736-3588 ext. 131

[www.kitshouse.org/better-at-home](http://www.kitshouse.org/better-at-home)

**Vancouver/North Shore: North Shore Community Resources Society**

Email: [deborah.sim@nscr.ca](mailto:deborah.sim@nscr.ca)

Phone: 604-982-3313

[www.nscr.bc.ca/information/information-betterathome.html](http://www.nscr.bc.ca/information/information-betterathome.html)



**Vancouver/Renfrew/Collingwood: Collingwood Neighbourhood House**

Email: [AHofmarks@cnh.bc.ca](mailto:AHofmarks@cnh.bc.ca)

Phone: 604-435-0375

[www.cnh.bc.ca/programs/seniors](http://www.cnh.bc.ca/programs/seniors)

**Vancouver/West End/Coal Harbour**

Email: [betterathome@wesn.ca](mailto:betterathome@wesn.ca)

Phone: 604-669-5051

<http://wesn.ca/services/better-at-home>

**Vancouver/Inner City: Network of Inner City Community Services Society**

Email: [info@niccss.ca](mailto:info@niccss.ca)

Phone: 604-569-2787

[www.niccss.ca/programs-amp-workshops/vancouver-inner-city-better-home-program](http://www.niccss.ca/programs-amp-workshops/vancouver-inner-city-better-home-program)

**Vancouver South: South Vancouver Neighbourhood House and PICS**

Email: [jeannie@southvan.org](mailto:jeannie@southvan.org)

Phone: 604-324-6212 or 604-568-0636

[www.theseniorshub.org/better-at-home.html](http://www.theseniorshub.org/better-at-home.html)

**Vancouver: Vancouver Coastal Health Program Shop by Phone Grocery Program**

Vancouver: 604-875-4608

Coastal: 604-885-8517

North Shore: 604-984-5929

Richmond: 604-244-5310

<https://find.healthlinkbc.ca/ResourceView2.aspx?org=53965&agencynum=17677206>

**Vancouver: Wavefront Centre for Communication Accessibility**

Email: [tammy.gray@wavefrontcentre.ca](mailto:tammy.gray@wavefrontcentre.ca)

Phone: 604-736-7391

[www.wavefrontcentre.ca/services/seniors-outreach](http://www.wavefrontcentre.ca/services/seniors-outreach)

**Victoria/Esquimalt: Esquimalt Neighbourhood House Society**

Email: [nneff@enh.bc.ca](mailto:nneff@enh.bc.ca)

Phone: 250-385-2635 ext. 201

[www.enh.bc.ca/seniors](http://www.enh.bc.ca/seniors)

**Victoria/Saanich/Pennisula: Beacon Community Services**

Email: [dgreenaway@beaconcs.ca](mailto:dgreenaway@beaconcs.ca)

Phone: 250-658-3264

[www.saanichvolunteers.org/services](http://www.saanichvolunteers.org/services)



**Victoria/West Shore: Pacific Centre Family Services Association and Metchosin Seniors' Information and Resource Centre**

Email: [dbodman@pcfsa.org](mailto:dbodman@pcfsa.org) or [msirc@shaw.ca](mailto:msirc@shaw.ca)

Phone: 778-677-3540 or 250-478-5150

[www.pacificcentrefamilyservices.org/better-home](http://www.pacificcentrefamilyservices.org/better-home)

**Williams Lake: Williams Lake & District Seniors Activity Centre Society**

Email: [betterathome-wl@shaw.ca](mailto:betterathome-wl@shaw.ca)

Phone: 778-412-2430